



## ***The Devatā's Guidance to Cittakumārā and Cittakumārī***



*O Children of the Heart!*

In order to slip away from King Yama and Lord Time, you must obtain the shining crystal sphere.

It's power will be able to instantly transport you to the land without rebirth, to the city of Nibbāna — the abode of the highest happiness, peaceful, pleasant, happy, without suffering or fear or sickness, free from old age and death.



"O Children of the Heart! ...there is a fig tree with each of its fruits concealing a precious crystal sphere. It casts a delicious scent over countless world spheres. This is the holy Dhamma. The crystal sphere placed in the flowers of the fig tree — magnificent and glorious — this is the holy Buddha..."

...Indriya birds, which feed on living human beings, watch over the...branches in order to protect the crystal spheres in the branches of the fig tree. These indriya birds are very savage. They devour all who come close to the tree. If you want the crystal sphere, you have to kill the four indriya birds. Then the power of the crystal sphere will lead you to the city of Nibbāna — realm of the highest happiness."

The Children of the Heart asked the devatā:

*"My lord! What are these four indriya birds called? What is the name of the four crystal spheres? We beg you to reveal this clearly so that we may find them easily."*

The devatā revealed the names of the four indriya birds:



**"Cakkhindriyam — the creature in the eyes;  
Sotindriyam — the creature in the ears;  
Ghānindriyam — the creature in the nose;  
Jivhindriyam — the creature in the tongue;  
Kāyindriyam — the creature in the body. Yes,  
Children of the Heart, hear this.**

**In order to kill these four indriya birds,  
you must take the knee of a rabbit in order to  
fashion the staff of a bow,  
its hair to make the string  
its large vessel by way of an arrow.**



**Kill the birds and you will be able to get the  
crystal sphere."**

